



the market

Week One

Monday
2/09/2026

Tuesday
2/10/2026

Wednesday
2/11/2026

Thursday
2/12/2026

Friday
2/13/2026

Saturday
2/14/2026

Sunday
2/15/2026

Soup
of the
Day

Action
Station

Culinary
Exchange



Specialty
Sub

Pizza

Gumbo Minestrone Soup *GF	Chicken Tortilla Vegetable & Wild Rice *GF	Chicken Noodle Tomato Basil *GF	Pazole verde Mediterranean Tuscan Soup *GF	Steak House Au Poivre Lentil *GF	Loaded Bake Potato	Chicken and Dumpling
Caesar Salad	Fajita Station	Create Your Own Pasta	Permian Chicken Sandwich	Greek Salad	---	---
Chicken cordon bleu roasted pork tenderloin Roasted Potatoes Roasted Mixed vegetables Green Beans Dinner Rolls	Birria Tortilla Crusted Tilapia Spanish Rice Ranchero Beans Fiesta Corn	Honey Chipotle Shrimp Pork chop/ smothered in mushrooms and onions Mashed Potatoes Steamed Broccoli Roasted Cauliflower Bread Sticks	Chicken Marsala Dirty Rice Blackened Salmon Garlic Beans *GF Succotash *GF Dinner Rolls	Cajun Roasted Drumsticks Shrimp Etouffee Mashed Potatoes Asparagus Steamed Carrots Dinner Rolls	Beef Stroganoff Egg Noodles Sweet Peas *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
Spiced Quinoa fiesta *GF	Grain salad w/ fall vegetables	Quinoa Chickpea salad	Pasta Primavera	Stuff Pepper *GF	---	---
Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item